

**'FOREVER COMFORTED'**

After hearing the news of the shooting at Virginia Tech, how perfect it was to find in my mailbox yesterday [April 17], the newest *Sentinel*, "Safe in an unsafe world" dated April 30. I pored over the cover article by David Stevens. How wonderful to know that since we are created spiritually, we are already and always safe from any harm. Wrapped in the arms of divine Love, we are forever comforted, guarded, guided, and protected. I loved each article in this issue. So inspiring!!

CAITLIN HOFFMAN  
 VIENNA, VIRGINIA, US

**EASY TO SHARE**

I read *Sentinels* on airplanes, which is also a great place to share Christian Science. Recently, I shared two copies after a business trip to California.

A friend and client, who is a pathologist, had been diagnosed with a disease that requires many severe medical treatments. When he first told me about the diagnosis, I shared thoughts with him about the mental nature of disease. (Over the years, we've discussed prayer and Christian Science, and long ago he read *Science and Health*. He has sent me articles from his

medical school about prayer in treatment.)

When he said one of his doctors thought he was cured after the first treatment but another didn't feel the treatments should cease, I shared ideas from the March 12 *Sentinel*, which I had read on the trip ["Alert in an age of diagnosis"], and presented Bible verses from Isaiah, Proverbs, and First John, and this from *Science and Health*: "There is no power apart from God. Omnipotence has all-power, and to acknowledge any other power is to dishonor God" (p. 228). I told him to say, "Thank you, God," and keep looking to divine guidance for direction. He appreciated that.

I shared another *Sentinel* [February 19, "Creativity with a healing purpose"] after some clients and a hairdresser described problems their teenage daughters were having with eating disorders. I told the latter about an eating disorder healed through prayer alone, which I'd read on the plane. She was so excited about the possibility of a spiritual solution and asked to read the article, so I mailed the whole *Sentinel* to her before I flew home.

I have always loved the *Sentinel*, and it's especially fun to be able to share it so easily

—on planes, or anywhere!

LINDA BARGMANN  
 ST. LOUIS, MISSOURI, US

**BUNDLE OF JOY**

Amy Brooke Baker's article, "Labor of love," in the March 19 issue ["Childbirth—the prayerful approach"] was certainly a "bundle of joy" for this reader. It reminded me of the delivery of our firstborn child, which was preceded by a happy, calm pregnancy.

Amy wrote, "I'd seen from my study of Christian Science that experiences tend to go more smoothly when I begin by thinking about how God is viewing the event rather than with human predictions." This described perfectly how my husband and I felt, and our experience also bore this out.

How grateful we are to her for bringing out how natural and normal childbirth can be.

PATTY TRICK HOONING  
 PALM DESERT, CALIFORNIA, US

**'A KEEPER'**

Kudos for the March 26 issue ["A bright tomorrow"]. I appreciated reading the Item of Interest about how Jeffrey Sachs is helping out in Malawi and Cali McClure's article about demonstrating over a low period in her life. Bea Roegege gave me inspiration for

living on retirement income. And the testimonies of healing—of a speech problem, a fall, and a neck injury—were especially helpful. Thanks to all who contributed to this excellent issue. It's a keeper.

BILL HANSEN  
 MARYLAND HEIGHTS, MISSOURI, US

**'WE'RE ALL AUSTRALIANS'**

The April 16 *Sentinel* ["Living waters for dry lands"] really struck a chord for me. As I sat in our Christian Science Reading Room and read, I felt I was truly an Australian, that we are all Australians, and that all Australians are us—that we, the whole world, are one. That all the challenges we face in one place we face in all places, and that the answers and sure results apply to us all uniformly. That the process of seeking and finding answers is our spiritual journey.

Writers Beverly Goldsmith, Abigail Mackay, Tom Black, Barbara Pettis, Lynn Jackson, and all—your writings made my thought soar, and I am so much better for them today than yesterday. I'm tempted to wonder how you do it. Of course, I do know how you do it, but it's no less amazing anyway!

BRIAN PETERSEN  
 VERNON HILLS, ILLINOIS, US

The *Sentinel* invites your comments. Please include your name, address, and daytime phone number. All letters to the editor are submissions for publication, unless you request otherwise, and are subject to editing for length and clarity if selected for publication. Opinions expressed in this column are not necessarily those of the *Christian Science Sentinel*.

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