

sion says, 'I have lost my memory,' contradict it. No faculty of Mind is lost."

God, the Mind of man, is ever reflected in completeness, wholeness, intactness. Man, God's image and likeness, is never subject to loss but eternally includes the right idea of "memory." So when we are tempted to think or say, "I can't remember," let's be obedient and "contradict it"!

Throughout the Bible we find constant reminders to remember God's goodness and all He has done for His people. Obviously, some individuals back then were inclined too quickly to forget their blessings. Perhaps we could be obedient to this admonition and sharpen our memories with gratitude—gratitude for every evidence of God's love and omnipotence that we have ever experienced. You'll find that's a lovely way to practice remembering!

Does this same "delusion" suggest you are a mortal, subject to aging, dependent on brain and blood for memory? Contradict it. Remember who you really are: the beloved child of God.

We sharpen our sense of memory and see more clearly its permanence by remembering that we really are the immortal ideas of divine Mind, reflecting Mind's knowledge of reality, in which good is never lost. In the proportion that we accept the spiritual truth that we can never be separated from all-knowing Mind, human sense of remembering improves.

If you have found yourself facing the suggestion of forgetting things more frequently than you used to, however, don't be fearful. Contradict it with the truth of being and find healing. If at some time you have ever found you can't seem to remember your friend's name, don't be upset. "Contradict it!" Identify him or her as a child of God, and the rest will surely follow.

There are a number of ways to sharpen the senses. Whichever way you choose, be willing consistently to put it into practice. After all, why be dull, aging mortals when we can prove ourselves to be sharp, spiritual ideas! ■



Do your tomorrows ever come?

There will never be a better time to pray—
and experience healing—than right now.

Lynn G. Jackson

OFTEN, in this fast-paced world, we tend to put off prayer. We think there will be a more opportune time in the future when things will be quieter, more orderly and peaceful—more conducive to healing. Or we may hope that a healing will occur on its own without our giving it much thought.

More than merely echoing the old saying "Don't put off until tomorrow what you can do today," Christian Science teaches us there's no need to put off until tomorrow the proof of what *God has already done*. Postponing a healing, postponing prayer, is unnecessary. As we read in II Corinthians, "Now is the accepted time; behold, now is the day of salvation." Right now God is All-in-all to His creation. He will never be more or less present and powerful than He is at this very moment.

Christ Jesus taught the ever-presence and power of God. And he showed the importance of not believing that good is absent, or that it must be postponed until the future, when he said, "Say not ye, There are yet four months, and then cometh harvest? behold, I say unto you, Lift up your eyes, and look on the fields; for they are white already to harvest." A fundamen-

Do you think you have to wait until tomorrow for God to heal you? Well, *this* is your tomorrow. God is right here, right now."



God is right here, right now, governing man, helps make this truth apparent to human view in what we call healing.

The first chapter of *Science and Health* by Mrs. Eddy, the Discoverer and Founder of Christian Science, begins: "The prayer that reforms the sinner and heals the sick is an absolute faith that all things are possible to God,—a spiritual understanding of Him, an unselfed love." Recognizing God's nature as divine Love, as well as striving to demonstrate man's true nature as the expression of Love, can be done now. Even if we're faced with disease, lack, sin, or sorrow, we can pray to see more clearly that God's law of harmony is in operation. God's power is more powerful than any false belief confronting us, and His ever-presence precludes the actual presence of sin, disease, or discord of any kind. Through a clear perception of these truths, we can begin to feel God's presence and experience His power.

I have a friend who as a young child was stricken with polio during an epidemic. My friend's mother was a Christian Scien-

tal message of his ministry was summed up in the words "Repent: for the kingdom of heaven is at hand."

Prayer acknowledges God's ever-presence and constant care of man, who is, the Bible reveals, His spiritual offspring, His very image. By strengthening our spiritual understanding, prayer eliminates misconceptions about God and man. We come to see that man is not truly a mortal, susceptible to physical and moral problems. Prayer awakens us to the fact that God's creation is wholly spiritual and good, that in truth it's impossible to be separated from His presence or from the joy and well-being that go with it. Our unwavering acknowledgment that

tist and was praying earnestly for her daughter. My friend had just started school and had loved it, so she was very sorry she couldn't attend anymore. However, each day her schoolteacher would stop by to talk with her. Each time, as the teacher walked away, the child would say with excitement, "I'll see you tomorrow. I'm coming to school tomorrow." One day her mother said to her, "Each day you say you're going to school tomorrow. Do you think you have to wait until tomorrow for God to heal you? Well, *this* is your tomorrow. God is right here, right now." My friend accepted this simple spiritual truth, and she shortly took her first steps since she had become ill. She was soon back in school, completely healed.

Lethargy, fear, materialism, tend to become the governing factors in one's experience unless specifically ruled out of consciousness with prayer. Our "harvest" may appear far off; our healing might, too. But we can look up with the clarity of spiritual understanding to see God's ever-presence precluding all inharmony. That all things are possible to God—now—can be our basis of prayer, and we can be more willing to acknowledge God's presence and might.

Uplifting thought through prayer—realizing something of God's love, His perfection, and the perfection of His manifestation, man—does not have to be put off until a less busy time. We can do this today with joy; after all, it is the most joyous work there is to do. And we will reap the benefits of our uplifted spiritual sense. The good that seems postponed until "tomorrow" is ours today. —//■