

read. One of the testimonies in that issue told of a healing in which forgiveness was an important factor. I now saw that I must forgive my mother. She had always loved me and had done the best that she knew to express that love. Besides that, she had given me the most priceless gift of all—a beginning understanding of the Science of Christ to make practical in my daily life! I felt such a flood of love and gratitude to her for all she had done, for all the love she had shown me! I also gained a greater appreciation of her true selfhood as the perfect expression of our own perfect Father-Mother, God.

Very soon the healing of indigestion was complete. But best of all has been the restoration of my love for my mother. My sense of adequacy, capability, and intelligence grows also, as I turn to Mind, God, moment by moment to reveal to me all that I need to know, to do, and to say. I am so grateful for this practical, *healing* Science of Christ!

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I am grateful to God for His protection and love. I have been healed of broken toes, a painful hip, and much more. Our children have experienced healings of cold, flu, and rashes, and here have been many instances of divine protection.

A few years ago I was studying the term *Principle*, which is a synonym for God. I reasoned that Principle includes order. The more I spiritually understood of God and His order, the more I realized that there can't be anything either out of place or deformed. I knew that since God's spiritual man includes all right ideas, man cannot possibly express anything that is useless or painful.

Daily I thought of this and would often give myself Christian Science treatment. There was a small growth on my eye that had recently become more obvious and painful. I began to see God and His spiritual qualities expressed everywhere in my

experience. As a result, everything in my household and occupation became orderly and useful or it was disposed of. The better I came to understand spiritually the complete usefulness of all right ideas and their natural orderliness, the less concerned I became about the physical condition.

Some time later I noticed one day that the growth on my eye was completely gone. The healing has been permanent.

I am also very grateful for a healing our oldest daughter had when she was a baby. For some time she had a severe rash in the diaper area that was very uncomfortable to her. At first I tried everything to help her. I changed detergents, diapers, lotions, and foods, until it was obvious that nothing external was creating the unsightly rash.

I'd like to say here that I'm very grateful for the support of family and friends during this time. Never did anyone mention to me that a course other than prayer should be followed.

As I prayed and studied Christian Science, I was led to this statement in *Science and Health* by Mrs. Eddy: "Spiritual draughts heal, while material lotions interfere with truth, even as ritualism and creed hamper spirituality. If we trust matter, we distrust Spirit." To me the message was clear, and I stopped searching for material solutions to the trouble.

Soon after this we took a trip overseas, and I was able to study *Science and Health* hours each day. By the end of the trip the rash had entirely disappeared. The healing has been permanent.

For all the healings and spiritual growth in my life I am truly thankful. I'm so very grateful to God for Christ Jesus and his powerful example of living Christianity; and for Mrs. Eddy, whose unselfishness enabled her to obey God's commands by following in the Master's footsteps. I am also deeply grateful for Christian Science class instruction.

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