

Health by Mrs. Eddy. She also suggested that I wledge of God's care and establish a fuller sense ll the goodness He was constantly imparting to gence, peace, and love. She said she would pray

telephone and opened *Science and Health* to the t, which reads: "A type of spiritual peace, flow- rstanding that God is the divine Principle of all t man is His idea, the child of His care."¹ I was

God cared for me. He loved me! He didn't ate, incomplete mortal, then leave her to face He created me in His image and likeness, calm s intelligence was mine by inheritance. I knew ight then as He is every moment, and I felt His tual peace replace icy fear.

s the peace of Christ that Jesus showed to hu- of the knowledge of God as Father-Mother. rt be troubled," Christ Jesus told his disciples He also said: "... I am in my Father, and ye in ... Peace I leave with you, my peace I give us addressed the fears of his disciples by show- eness with God, so the ever-present Christ, o all of us today our freedom from the fear of m the one source of divine intelligence, God, to fail. Separation from the source of our in- sible, for God fills all space, constantly. In separated from Him.

hours passed in restful, normal sleep, and I rshed. All that day during the exam, every y pen to tackle another question, I rejoiced in an's oneness with God, rejoicing not only for ryone involved, all the other students and at every child of God reflects Him as Mind. ults were announced several weeks later, I

But even more important than the passing ual discovery I made. I have never forgotten felt that night before the exam.

Truly, when we turn to God in prayer and understand our re- lationship to Him, we are able to face testing times peacefully and confidently. The Bible assures us, "Acquaint now thyself with him, and be at peace: thereby good shall come unto thee."³ Whether we are facing a tough exam or another kind of difficult testing time, we can know that God is always present, providing guidance. The peace and intelligence originating in God are al- ready ours to claim.

¹ *Science and Health*, p. 589. ² John 14:1, 20, 27. ³ Job 22:21.

Never isolated, never alone

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All of us have times when we feel left behind, forgotten, alone. We reach out to find a comforting hand and find none. What do we do in such situations? Couldn't feelings like these turn us to God, who in His omnipresence has been there all along?

Learning to trust in God more, to listen, wait, and be patient for His guiding hand, may seem difficult. We may mistakenly feel we can't rely completely and freely upon something we do not see or touch, such as Spirit. But Christian Science shows how we can tangibly recognize God as our true confidant, friend, and companion. It shows how we find His ever-present help and guidance, and how we can be healed of feelings of isolation and loneliness.

This healing comes as we learn more of God. God's promise to Joshua is true for us: "As I was with Moses, so I will be with thee: I will not fail thee, nor forsake thee."¹ God also says,

